FINANCIAL VIEWPOINT

LYFE FS LTD

Please enjoy reading our newsletter. If you would like to discuss any of the articles further, please do not hesitate to contact us.

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What does a financial adviser do?

A financial adviser can help with your investment goals, but they can also offer many more ways to understand and make the most of your money.

You might think that people who use financial advisers are just investing in the stock market or need someone to manage their portfolios. But a financial adviser can do a whole lot more.

Different types of financial advice

For an adviser, it's their aim to help you achieve your financial goals, but that doesn't just cover building wealth through investment – their expertise can apply to everything from mortgages to life insurance, pensions, saving for retirement or handling an inheritance. Advisers can vary in what they specialise in, and fall under a large umbrella of services including:

Pensions
You may have several workplace pensions that you'd like to consolidate, or you could have questions about drawing an income from your pension. Whatever your circumstances, a financial adviser can examine the details within your pensions to guide you on how to approach them, considering how much you will need to live comfortably when you retire.

Tax
You might think that there is little difference between Another area where expert help is needed is tax. From inheritance tax to capital gains tax or working out how much you should be paying (and if there are ways to minimise your tax bill) – is tricky. With the help from an adviser, you can become more tax-efficient and make the most of any tax breaks available to you. An adviser is best placed to help minimise your tax bills and get you the best returns.

Inheritance
An adviser can help you with leaving a legacy – an important part of planning the future of your estate and making sure your wishes are carried out when the time comes, and your wealth is passed tax efficiently. This advice could range from inheritance tax mitigation to making or updating your will.

Mortgages
Mortgages can be a tricky area, whether you're a first-time buyer, searching for the best remortgage deal or looking for an investment property. A financial adviser can help you navigate the process, find the right type of mortgage and map out how your mortgage will work over the years (and when it could be a good time to review your mortgage). They'll also be able to let you know your tax obligations if your property is an investment.

Investment
A financial adviser can help you navigate the world of investing safely, helping you take your first steps in investing or reviewing and managing your existing investments, as well as making you aware of any risks along the way and making sure you keep focused on the long-term goals through any market highs and lows. Our advisers have a broad breadth of experience and take an objective approach – offering ongoing advice and expertise – both of which are crucial to seeing your investment and retirement objectives come to fruit.

Our financial advisers are here to help you make sense of your finances, build, and manage your wealth and protect what you have going forward – to the benefit of you and your family.

The value of investments and any income from them can fall as well as rise and you may not get back the original amount invested.

HM Revenue and Customs practice and the law relating to taxation are complex and subject to individual circumstances and changes which cannot be foreseen.

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON A MORTGAGE

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Pensions after a divorce

Divorce can be just as final when it comes to valuable assets like your pension. Getting some financial and legal advice is a good idea, as pensions are often overlooked during a divorce. There are options to make a claim for some of your former partner's pension pot, whether it's by offsetting their pension against other assets like the family home, sharing a percentage of the other party's pension or one party paying the other an agreed portion of their pension once pension payments begin.

Pensions are complex at the best of times, but during a divorce things become extra tricky. It's also important to note that the laws are different in Scotland. The main thing to do to ensure you are not worse off in retirement is to seek legal and financial advice during the divorce process.

What happens to your pension after you die?

It's good to be aware of what will happen to your pension after you die, and the tax implications for your dependants.

Whether it's a state, workplace, or personal pension, what happens to the funds you've accumulated after you die depends on the type of pension and whether you started taking payments.

State pension

State pensions can be complicated. Depending on whether your spouse or civil partner reached the state pension age before or after 6 April 2016, they could be able to claim your state pension, based on your National Insurance contributions up until the time of your death. They would only be able to make the claims once they started claiming their own pension, however. If they reached pension age after 2016, they would receive the government's 'new state pension' and could also inherit an extra payment in addition to their regular state pension, due to their bereaved status.

Defined contribution pension

Defined contribution pensions can be either personal or work-based and involve contributions from yourself (or if it's a workplace pension, your employer and potentially you, too). If you die before 75 and haven't taken any payments from your pension, your beneficiaries may be able to withdraw all the pot as a lump sum. Alternatively, they could set up a regular payment instead of a lump sum or choose a flexible retirement income (known as pension drawdown.)

If you have started pension drawdown and then die, your beneficiaries can either receive a lump sum, continue the drawdown, and receive the income or use the remaining pension fund to buy an annuity. In all these examples, if you are under the age of 75 when you die, your beneficiaries will not pay income tax on the payment(s) but will pay tax if you die after age 75.

Defined benefit pension

In a defined benefit pension, the retirement income is based on your salary and the length of time you worked for the employer (for example, 'final salary' or 'career average' pension schemes). Within the rules of these schemes are the sections and clauses around how much and when your beneficiaries might receive an income or lump sum. It could be the case that your beneficiaries will receive a percentage of the pension you were – or would have – received – and be taxed on these earnings, too. You can check with your scheme's administrator to find out (and again, a financial adviser can help you with the small print).

Death and a guaranteed annuity

If you buy an annuity, you will have decided the options of payments upon your death, when you set it up. For example, if you arranged the annuity on a joint life basis, your beneficiary would continue to receive a proportion of the income you were receiving. But if you chose a single life annuity, the payments would stop when you died. There might be further payments if you had a 'guarantee period' with the pension provider and died within the guarantee period. In this case, the income would carry on to your beneficiary until the end of the guarantee period.

Speak to your financial adviser to ensure you are aware of where, and to whom, your pensions will go to after you die.

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What are value-added services?

Value-added services are benefits included in an insurance policy that you might not be aware of – but could help improve your overall health and wellbeing.

When you take out an insurance plan like life insurance, critical illness or income protection, you get the financial protection in the form of a payout, but there are also other services available to you as complementary parts of those plans.

These 'value-added services' or 'wellbeing services' are designed to provide customers with a range of emotional and practical support services throughout the life of the plan, not just when you may need to claim. Most services are included within the price of the plan and can often be accessed by family members too.

It's a good idea to check your policy first (and contact your provider to see if any of their services carry a charge) but you may find some of the following complementary value-added services are part of your policy:

Annual health check

A range of tests to check various health markers such as cholesterol and blood sugar levels. This may be followed by a consultation with a nurse or GP to discuss the results, depending on how your policy works.

Bereavement counselling

Giving you access to emotional and practical support at a difficult time, if you have been affected by bereavement.

Mental health support.

Being mindful of mental health is more important than ever. These value-added services help those facing mental health challenges, with counselling through various health providers.

GP services

Ability to see or speak to a medical professional from your home or faceto-face, without facing long waiting times, and at a time that suits you.

Second medical opinions

Second medical opinion services give you the chance to check with a second medical professional about the course of treatment or a diagnosis you've received.

Nutritional support

Gives you access to a nutritionist to help improve your diet, which could boost your overall health.

Fitness services

These services give you access to fitness services to enhance your overall health and wellbeing.

These are just some of the extra-value services that your insurance plan could offer, covering a wide range of needs.

If you're unsure about how to find out more information from your policy, our advisers are here to look at the small print and help you make the most of any value-added benefits available to you.